

EDUCATION

University of Hartford, West Hartford, CT

- *Doctorate in Clinical Psychology (Child/Adolescent Proficiency Track)*, Summa Cum Laude, 8/2008–9/2013
 - Dissertation: *"Becoming a Superhero: The Development of a Book for Children Exposed to Terrorist Attacks"*
 - Recipient of Regent's Honor Award
- *Master of Arts in Clinical Psychology*, Summa Cum Laude, September 2010

Tel Aviv University, Tel Aviv, Israel

- *Bachelor of Arts in Psychology and Theatre Arts (dual concentration)*, Honors Dean's List, 10/2004–07/2007

TEACHING/SUPERVISION EXPERIENCE

Harvard Medical School/McLean Hospital

- Lecturer in Psychology, Department of Psychiatry
- Weekly supervision Psychology interns
- Teaching in seminars

Harvard Medical School/Brigham and Women's Hospital

- Lecturer in Psychology, Department of Psychiatry
- Weekly supervision Psychology interns
- Teaching in seminars

Harvard Medical School/McLean Hospital Trauma-Informed Treatment, Consultation, and Outreach for the Division of Depression and Anxiety Disorders.

- Instructor in Psychology, Department of Psychiatry
- Co-facilitating training workshops
- Research Assistant

Harvard Medical School/McLean Hospital Adolescent Acute Residential Treatment

- Instructor in Psychology, Department of Psychiatry
- Developed and led professional development seminar for clinical post docs.

University of Massachusetts Boston, College of Education and Human Development

- Instructor at the Department of Counseling and School Psychology
- Practicum in Mental Health Counseling Summer 2016

Miri Bar-Halpern, PsyD

CLINICAL EXPERIENCE

Parents4Peace (11/2024–Present)

Director of Trauma Services and Training

- Develop trauma-informed training and curriculum.
- Develop and facilitate training workshops for staff and clinicians.
- Oversee program evaluation to ensure the application of evidence-based practices. Consult with community organizations and deliver public speaking engagements.

Boston Child Study Center (8/2018-current)

Director of Intensive Outpatient Program (IOP)

- Provide therapy (individual, family, and parent).
- Oversee program development, staff training, curriculum design, and community consultation.
- Supervise interns and postdocs.

CoBe Labs (12/2021–11/2023)

Chief Clinical Officer

- Developed clinical products leveraging artificial intelligence to support adolescents.
- Oversaw clinical strategic planning, supervision, and content development.

SequelCare (3/2021–Present)

Advisory Board Member

- Collaborated on product development and clinical trials.
- Provided strategic planning and consultation for mental health initiatives.

InStride Health (9/2021–12/2021)

Director of Therapy

- Developed telehealth evidence-based programs for anxiety and OCD.
- Supervised clinical staff and contributed to strategic planning.

Harvard Medical School / McLean Hospital – Adolescent Acute Residential Treatment (9/2014–7/2018)

Staff Psychologist / Clinical Case Manager

- Delivered therapy (individual, family, and group) and developed trauma-informed care training seminars.
- Supervised postdocs and contributed to program development.

Harvard Medical School / McLean Hospital – Mastery Anxiety Program (1/2017–7/2017)

Covering Clinician

- Provided therapy (CBT and ERP-based) for individuals and families.
- Supervised psychology interns.

Harvard Medical School/McLean Hospital Adolescent Acute Residential Treatment (9/2013- 9/2014)

Post-Doc Fellow. Supervisor: Lindsay Henderson, PsyD

- Provided individual, family and group therapy
- Co-facilitated CBT training seminar and supervision for clinical educators

South Shore Mental Health, APA Accredited Doctoral Internship (7/2/2012- 7/1/2013)

Primary rotation at Bayview Associates. Supervisor Peter Erines, Ph.D

- Provided Individual, family and group therapy
- Participated in Trauma Focused CBT training and supervision group

Harvard Medical School/McLean Hospital Adolescent Acute Residential Treatment (7/2/2012- 7/1/2013)

Secondary rotation. Supervisor Mark Picciotto, PhD

- Provided individual, family and group therapy
- Administered psychological and neuropsychological assessments

Harvard Medical School/ Cambridge Health Alliance Hospital (9/2011- 6/2012)

Practicum Psychology Intern. Supervisor: Christopher Pagano, Ph.D.

- Provided case management, therapeutic assessment, brief family therapy and group therapy
- Developed research projects in the field of child aggression and family therapy

Boston Behavioral Medicine (9/2011- 6/2012)

Practicum Psychology Intern. Supervisors: Amaro Laria, Ph.D.; Carla Bernardes , Ph.D.

- Trained and provided therapy in hypnosis, biofeedback, and emotionally focused therapy
- Developed and co- facilitated mindfulness stress management group

Riverview Hospital, DCF Psychiatric Hospital (8/2010- 6/2011)

Practicum Psychology Intern. Supervisors: Mark Kaplan, Ph.D.; Jessica Meyer, Ph.D.

- Developed and led emotional regulation group for traumatized children ages 5-12
- Provided individual, family and group therapy and administered neuropsychological assessments

Connecticut Children's Place (CCP), DCF Residential Facility (9/2009 - 7/2010)

Practicum Psychology Intern. Supervisors: Timothy L. Hope Ph.D.; Charles Rehmer, LCSW

- Long term residential facility for adolescents with severe mental and medical illness
- Developed and co-facilitated psycho-education substance abuse group
- Provided individual and family therapy according to the DBT model
- Co-facilitated group therapy (Voices- group therapy for teenage girls)
- Administered psychological and neuropsychological assessments

Hartford Trauma Center, UCONN School of Medicine (5/2010 - 8/2010)

Summer Practicum Psychology Intern. Supervisor: Julian Ford, Ph.D.

- Provided case management, intakes and individual trauma-focused CBT therapy (TARGET intervention and TF-CBT)
- Research assistant

Hartford Psychological Services, LLC., Hartford, CT (10/2009 - 5/2010)

Practicum Psychology Intern. Supervisor: Rafael Mora de Jesus, Ph.D.

- Provided individual therapy and administered psychological evaluations
- Participated in ABA training program for children with autism

Jumoke Academy, Bloomfield, CT (9/2008 - 12/2008)

Pre-Practicum Psychology Intern. Supervisor: Nichelle G. Roberts, MSW

- Developed intervention for students and parents focusing on social skills and anger management
- Provided individual and group therapy

Miri Bar-Halpern, PsyD

Schneider Children's Medical Center, Petach-Tikva, Israel (10/2006 - 8/2008)

Intern, Parent Counseling Clinic. Supervisors: Chaim Omer, Ph.D.; Idan Amiel, M.A.

- Provided parent- guidance for parents of children based on the Non Violent Resistance Protocol
- Research Assistant

Ichilov Hospital, Tel Aviv, Israel (10/2006 - 7/2007)

Volunteer, Mother-Child Clinic. Supervisor: Dafna Krener, MSW

- Observed, monitored and analyzed family interactions; studied different dyadic patterns
- Provided parent guidance focused on child's development and parental support

Geha Mental Health Center, Petach-Tikva, Israel (10/2006-10/2007)

Volunteer at Psychiatry Kindergarten. Supervisor: Sarah Shpitzer, Ph.D.

- Assisted children with daily activities
- Reinforced emotion regulation skills to improve impulse control

Volunteer at the Inpatient unit. Supervisor: Marina Vekslerchik, Ph.D.

- Group therapy
- Clinical mentor

PROFESSIONAL PRESENTATIONS

- **Bar-Halpern, M.** (January, 2025) Antisemitism in K-12: Recommendations for Policies. Special Commission to Combatting Antisemitism. State House, Boston MA
- **Bar-Halpern, M.** (January, 2025) *Addressing the Trauma of Antisemitism: A Journey of Healing*. Academic Engagement Network, Miami, FL.
- **Bar-Halpern, M.**, and Mubin Shaikh (December 10th, 2024) *The Power of Purpose: Meaning Making as a Protective Factor Post October 7th*. Association of Jewish Psychologists, Zoom Webinar
- Tara E. Liberman and **Bar-Halpern M.** (December 5th, 2024) *Opening The Dialogue: Helping Young People Navigate Antisemitism*. ADL, NY, Zoom Webinar
- **Bar-Halpern, M.** (Sep 24th, 2024) *Managing Stress and Developing Coping Skills Around Antisemitism*. Lappin Foundation, The Teens Antisemitism Task Force, MA, Zoom webinar.
- **Bar-Halpern, M.** and Wolfman, J. (May, 2024). *Traumatic Invalidation In The Jewish Community After October 7th* [conference presentation]. Israeli DBT Association Annual Conference. Israel
- **Bar-Halpern, M.** Gross, O., Legrand, M.A., Segal, T. (May, 2024) *Antisemitism on College Campuses*, Expert Panel, Touro University, Live Zoom webinar.
- **Bar-Halpern, M.**, (April, 2024). *Trauma-Informed DBT: From Theory to Practice*. Resident Seminar. BWH Department of Psychiatry
- Clancy, S., **Bar-Halpern, M.**, Conti, Chaves, D., A., Hiyam, N., McCree, P., Lovasco, L., Whalen, K. (April, 2024) *Healthcare Innovation: Reimagining How We Partner With Families Using the Ether Dome Challenge Program*. Pediatric Grand Rounds MGH
- **Bar-Halpern, M.**, & Hess Susan (March 2024) *Trauma Informed Mindfulness*. Geha Mental Health Center/Tel Aviv University, Israel
- **Bar-Halpern, M.** (March 2024) From Resilience to Post Traumatic Growth. Expert Panel. Dani's Resilience Farm, Israel
- **Bar-Halpern M.** (February, 2024). *Understanding Women Trauma*. Impact 51. Live Zoom webinar, Israel.
- **Bar-Halpern, M.** (November, 2023). "Mindfulness: Building Coping Skills to Manage Stress Arising from War and Trauma" Workshop. Azrieli Fellow Program. Zoom webinar
- **Bar-Halpern, M.** (November, 2023) *Talking With Children about War, Trauma and Antisemitism*. Schechter School, Zoom conference, Boston.
- **Bar-Halpern, M.**, Pelcovitz, D. (October, 2023) *Addressing Parenting Challenges at Times of War*. Gateway and Prizmah/CJP, Live zoom webinar.

- Biel, M., **Bar-Halpern, M.**, Koplewicz, H., Hoover, S. (October, 2023) *Helping Children Cope with Anxiety and Trauma during war*; Expert Panel, Fort Health and Child Mental Health Institute, Live Zoom webinar.
- **Bar-Halpern, M.** (September, 2023) Demystifying Culturally Sensitive Care. Psychology Seminar. McLean Hospital, Belmont, MA
- **Bar-Halpern, M.**, Litt, M., Pant, V., Monterrosa, A., Friedman, M., Roots, M. (April, 2023). *Improving Access and Engagement with Mental Healthcare Services for Youth*, Expert Panel. Future of Mental Health Summit, Boston, MA.
- **Bar-Halpern, M.** (March, 2023). *Dialectical Emotion Therapy: A Transdiagnostic Treatment for Emotional Disorders*. International Conference on Addiction and Psychiatry, Paris.
- **Bar-Halpern, M.** (March, 2023). *Managing Stress and Burnout in the Workplace*. iAngels. Israel
- **Bar-Halpern, M.** (March, 2023). *Evidence Based Therapy for Emotion Regulation for Teens*. Marom Golan, 20 hours workshop, Israel.
- **Bar-Halpern, M.** (March, 2023). *Evidence Based Therapy for Emotion Regulation*. The CBT Religious school. 18 hours workshop, Israel.
- **Bar-Halpern, M.** (January, 2023). *Evidence Based Trauma Therapy*. The Psagot Institute. 5 hours Zoom workshop, Israel.
- **Bar-Halpern, M.** Whalen, K., Taddei, S., Del Valle, R. (May, 2022). Trauma and Healing During COVID- 19. Grand Round Presentation. Mass General Hospital, Boston.
- **Bar-Halpern, M.**, Chriki, L. (March, 2022). The Importance of Chain Analysis. Core Skills in DBT Conference. The Israeli Society for DBT. Zoom Conference, Israel
- **Bar-Halpern, M.** (January, 2022). *Trauma Focused Cognitive Behavioral Therapy*. The Psagot Institute. 5 hours Zoom workshop, Israel.
- Madigan, R, **Bar-Halpern, M.** (July, 2021). Dialectical Behavior Therapy for PTSD for Children and Adolescents in Outpatient and Intensive Outpatient Levels of Care. CE Workshop, Zoom webinar.
- **Bar-Halpern, M.** (June, 2021). *Dialectical Behavioral Therapy and Trauma Treatment*. Geha Mental Health Center/Tel Aviv University, Israel CE Workshop 8 hours
- **Bar-Halpern, M.** (June, 2021). *Understanding Trauma: From surviving to thriving*. Gateways webinar; our daughters, our future: an educational series. Zoom webinar, USA
- **Bar-Halpern, M.**, Marom-Tal, R. (February, 2021). *The Dialectic Family: DBT Workshop*. The Annual Conference of the Israeli Association of Behavioral and Cognitive Therapy. Zoom Conference, Israel
- **Bar-Halpern, M.** (January, 2021) *A New Look Into the Trauma: Understanding and Providing Trauma Informed Care*. Trauma and Emotion Regulation, Center of Emotion Regulation Israel, Zoom Conference, Israel
- **Bar-Halpern, M.** (January, 2021) *Trauma Informed Care: Parental Support at the PICU*. Mass General Hospital/ Harvard Medical School, Boston, MA.
- **Bar-Halpern, M. (keynote speaker)**, Madigan, R. (November, 2020) *The Trauma of the Hidden Victim: Impact of Trauma on Children of Incarcerated Parents*. Ohio Grandparent-Kinship Care Coalition
- **Bar-Halpern, M.** (September, 2020) *Understanding Self- Harm Behaviors and Treatment*. Graduate level, pre-internship class University of Massachusetts Dartmouth, MA
- **Bar-Halpern, M.**, Johnson, D., (January, 2019) *DBT informed care and Evidence Based Treatment for adults 5 days Workshop*. Geha Mental Health Center/Tel Aviv University, Israel
- **Bar-Halpern, M.** (December, 2019) *Professional Development; Life after Internship*. South Shore Mental Health, Quincy, MA.
- **Bar-Halpern, M.** (October, 2019) *Mental Health in a Glance; Trauma and Self-Harm*. Write Boston, Boston, MA.
- **Bar-Halpern, M.** (October, 2018) *Interventions for Treating Self-Harm Behaviors*. 31st ECNP Congress of Applied and Translational Neuroscience, Barcelona, Spain.
- **Bar-Halpern, M.**, Johnson, D., (July, 2018) *DBT informed care and Evidence Based Treatment for adolescents 5 days Workshop*. Geha Mental Health Center/Tel Aviv University, Israel

- **Bar-Halpern, M.** (May, 2018) *Trauma Informed care in Residential Therapy*. McLean Hospital/Harvard Medical School, Belmont, MA.
- **Bar-Halpern, M.** (April, 2018) *Intensive Skills Training Therapy with Adolescents: DBT Informed Care*. Geha Mental Health Center/Tel Aviv University, Israel
- **Bar-Halpern, M.,** Bloom, J. (February, 2018) *The Use of Interceptive Exposure in Milieu treatment*. McLean Hospital/Harvard Medical School, Belmont, MA.
- **Bar-Halpern, M.** (January 2018) *Childhood Trauma: Healing the Wounds*. Response Peer Counseling, Harvard Medical School, Cambridge MA.
- **Bar-Halpern, M.,** Mujica, C., M., Sandler, E.B., Pinder-Amaker, S. (December, 2017) *Don't Treat a Book by its Cover: Hidden Identities, Micro-Aggression and Delivering Compassionate Care*. Schwartz Center Rounds, McLean Hospital/Harvard Medical School, Belmont, MA.
- **Bar-Halpern, M.** (November 2017) *Working with Survivors of Terrorist Attacks: Cultural Considerations*. 3East Intensive Unit; McLean Hospital/Harvard Medical School, Belmont, MA.
- **Bar-Halpern, M.,** Pedalino, C., Quackenbush, J., Stoklosa, J. (August, 2017) *Launching Your Career Series: Clinical Career Panel*. McLean Hospital/Harvard Medical School, Belmont, MA.
- **Bar-Halpern, M.** (May, 2017) *Evidence Based Treatments for Trauma*. Brown Bag presentation, McLean Anxiety Mastery Program; McLean Hospital/Harvard Medical School, Belmont, MA.
- **Bar-Halpern, M.** (March, 2016) *Trauma Informed Care*. Grand Rounds Presentation, Albert J. Solnit Children's Center, Middletown, CT
- **Bar-Halpern, M.,** Giacona, A. (October, 2016) *Trauma and Attachment in a Residential Setting*; McLean Hospital/Harvard Medical School, Belmont, MA.
- **Bar-Halpern, M.** (February, 2015). *Trauma Informed Care*. Residential Staff Training ART; McLean Hospital/Harvard Medical School, Belmont, MA.
- Pagano, C., and **Bar-Halpern, M.**(December, 2014). *Violence at Work and Its Impact on Family Life: The Things We Carry*. Workshop Series Hosted by Cambridge Health Alliance and the Cambridge Police Department. Cambridge, MA.
- **Bar-Halpern, M.** (July, 2013). *Resilience and Growth Symposium: Becoming a Superhero: Building resiliency through bibliotherapy*. The 4th International Conference on Traumatized Children, The Hebrew University, Jerusalem, Israel
- Pat-Horenczyk, R., **Bar-Halpern, M.** (July, 2013). *BEAR: Building Emotional and Affect Regulation*. The 4th International Conference on Traumatized Children, The Hebrew University, Jerusalem, Israel
- **Bar-Halpern, M.** (February, 2013). *Terrorism and Trauma: From Surviving to Thriving*. South Shore Mental Health, Boston, MA
- **Bar-Halpern, M.** (February, 2011). *The Trauma of Terror*. Boston Behavioral Medicine, Boston, MA
- **Bar-Halpern, M.** (September, 2011). *Becoming a Superhero: The Development of a Book for Children about Terror*. Poster presented at the 16th International Conference on Violence, Abuse, and Trauma, San Diego, CA
- **Bar-Halpern, M.,** Carroll, L. E., Dale, L. P. (April, 2011). *After the Trauma: Laotian and Holocaust Refugees Confront the Past*. Symposium Presenter and Panel Member at the Maurice Greenberg Center, University of Hartford, Hartford, CT
- **Bar-Halpern, M.** (March, 2011) *Terror and Trauma- Living in an Uncertain World and Its Impact Across Generations*. Grand Rounds Presentation, Riverview Hospital, Middletown, CT

PUBLICATION

- **Bar-Halpern, M.**, Wolfman J. (2025) Traumatic invalidation in the Jewish community after October 7th Manuscript under review
- Mangus, A., Webb, K., **Bar-Halpern, M.**, Ravichandran, C., Ressler, K., Moreland- Capuia, A. (2023) Training for Lasting Change: Trauma-Informed Training Results in Improved and Sustained Individual and Organizational Knowledge, Attitudes, and Policies. *Journal of Clinical Psychology* DOI: 10.4088/JCP.23m14904
- **Bar-Halpern, M.**, Rutt, C., Madigan, J.R. (2022) Telehealth Adaptations in Day Treatment Program. In *Handbook of Evidence-Based Day Treatment Programs for Children and Adolescents*. Jarrod M. Leffler, Elisabeth A. Frazier. Springer Cham. <https://doi.org/10.1007/978-3-031-14567-4>
- Amshalom, G., **Bar-Halpern, M.**, Lev-Ran, T., Lahav-Meir, D., Tronick, E. (2020) Understanding the messiness and *repairs* of relationships between parents and young children during COVID-19: A case study. *Perspectives in Infant Mental Health*. Geneva, Switzerland
- **Bar-Halpern, M.** (2019). Healing Emotion and Regulation Treatment (HEART). *Treatment Manual* Unpublished Manuscript
- **Bar-Halpern, M.** (2017). *Becoming a Superhero: A Book for Children Who Have Experienced Trauma*. Childs Works Child's Play Publishing Company, USA.
- Macias-Konstantopoulos W, **Bar-Halpern M.** Commercially Sexually Exploited and Trafficked Minors: Our Hidden and Forgotten Children. In: *Stigma and Prejudice: Touchstones in Understanding Diversity in Healthcare*. Current Clinical Psychiatry Series. Parekh R, Childs EW (Eds.). Switzerland: Springer International. 2016.
- R. Pat-Horenczyk., C. Sim Wei Shi., S. Schramm-Yavin., **M. Bar-Halpern.**, L. J. Tan. Building Emotion and Affect Regulation (BEAR): Preliminary Evidence from an Open Trial in Children's Residential Group Homes in Singapore (2014) *Child Youth and Care Forum*, Springer DOI 10.1007/s10566-014-9276-8
- **Bar-Halpern, M.** (2012). *Becoming a Superhero: A Book For Children Who Have Been Exposed to Terrorist Attacks (Hebrew Version)* Family Care Publications, Israel.
- Pat-Horenczyk, R., Asulin, L., Achituv, M., Miron, T., **Bar-Halpern, M.**, Erez, D., Baum, N., and Brom, D. (2012). Building Emotional and Affect Regulation (BEAR) From a Strength Perspective. *Treatment Protocol for young children*. Unpublished Manuscript
- Pidano, A., Honigfeld, L., **Bar-Halpern, M.**, Vivian, J.E. (2013) Pediatric Primary Care Providers' Relationships with Mental Health Care Providers: Survey Results. *Child Youth and Care Forum*, Springer DOI 10.1007/s10566-013-9229-7.
- **Bar-Halpern, M.** (2011). *Becoming a Superhero: The Development of a Book For Children Who Have Been Exposed to Terrorist Attacks*, ProQuest Dissertation and Theses, publication number 3494462, 1-214

RESEARCH EXPERIENCE

- **Research Assistant- UCONN School of Medicine/Boston Trauma Center JRI** 3/2010- 1/2012
Supervisor: Julian Ford, Ph.D.
- **Research Assistant – University of Hartford** 8/2009 - 2/2011
Supervisor: Anne E. Pidano, Ph.D.
- **Research Assistant – Infant Mental Health Clinic, Israel** 1/2006 - 8/2008
Supervisor: Ruth Feldman, Ph.D., Director of Child Clinic, Bar-Ilan University

AWARDS/ HONORS

- 2022- Award Winner, The Ether Dome Challenge, Patient and Family Advisory Council, Mass. General Hospital
- 2017- Recipient of Partners in Excellence Individual Award for Leadership and Innovation
- 2011 - *Regents' Honor Award* for Graduate Students; highest achievement award given to a graduate student by the University of Hartford
- 2011- *Graduate Professional Travel Fund Award*, University of Hartford
- 2011- *Director's Award for Sustained Superior Performance*, University of Hartford, Nominee
- 2009, 2011 - *A. Richard Brayer Award*, University of Hartford- Graduate Professional Travel and Research Fund award
- 2007 - *Dean's List* for Excellence in Psychology, Tel-Aviv University
- 2007, 2006 - *Certificate of Excellence* in Theatre Arts, Tel-Aviv University

LEADERSHIP

- Developed and organized “*Beychad*”, an initiative to provide mental health support for Israeli immigrants in MA following the October 7th terrorist attack (2023)
- Co-Chair Pediatric Family Advisory Council (PFAC), MGH/Harvard Medical School (2020-current)
- Friends of Alut, Board member (2023-current)
- Patient and Family Advisory Council (PFAC), McLean Hospital/Harvard Medical School (2016-2018)
- Schwartz Rounds Committee, McLean Hospital/Harvard Medical School (2016-2018)
- McLean Hospital-Developed and led professional development seminar for postdoc (2016-2019)
- University of Hartford, *Graduate Student Regent*/University Board of Regents (2010)
- Connecticut Psychological Association- *Student Representative* (2010)
- University of Hartford, *Pre-Practicum Peer Supervisor* (2010)
- University of Hartford- *Graduate Student Admissions* (2009, 2010)
- University of Hartford- *Student mentor* (2009, 2010)
- Israel- *Tutor*: Prepared high-school students for their final exam in Theater. (Included psychodrama, and character building through psychological motivations) (2004-2006)